Panorama

57TH YEAR, No. 11

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, MARCH 23, 2012

TIME CHANGE **SUNDAY**



Remember to "spring ahead" this weekend. The time will change officially at 2 a.m. on Sunday, March 24.

WHAT'S INSIDE

Celebrate Easter with Italian traditions



An introduction to popular Italian sweets served for Easter.

A living museum



Students share what it is like to become famous people for a day.

Weekly crime statistics Review what happened between March 12 and March 18.

Page 6

FRIDAY

High 70 / Low 48 Partly cloudy



SATURDAY High 70 / Low 52

Mostly cloudy



SUNDAY High 68 / Low 46 **Partly cloudy**



Al-Anon helps alcoholics' loved ones

By MC1 (EXW/AW) Terry Vick, Navy Public Affairs Support Element-East Detachment Europe

Naples-area military families now have an additional resource to deal with the disease of alcoholism: Al-Anon Family Groups.

Al-Anon is a support group designed to help the family members of problem drinkers.

Anyone whose life has been or is being affected by someone else's drinking is welcome to attend the meetings. This may

include immediate family members, relatives, friends or co-workers of alcoholics.

The program focuses on supporting families without favoring any particular religious denomination, sect, political entity, organization or institution. Al-Anon meetings provide an open discussion forum for members, and operate under an anonymity policy to respect members' privacy and ensure that the things they say remain confidential.

see AL-ANON Page 7

Part II of III: Alcohol support programs on base

- Part I: CSADD Preventing alcohol incidents
- Part II: Alcoholics Anonymous Support for alcoholics
- Part III: Al-Anon Support for families and friends of alcoholics

Amalfi: a republic built on paper



See page 4: Ruins of paper mills line the Valle dei Mulini (Valley of the Mills) in Amalfi, which was famous for making paper during its years as a powerful sea republic. (Photo by Don Gawlik)

Hospice helps animals in Campania

By Lt. Cmdr. Todd Mercer, U.S. Army

Little did Mia Mattsson-Mercer realize as she and her husband prepared for a permanent change of station to Naples that it would see her opening a hospice for sick, infirm and aged dogs in Campania.

But in hindsight, it seems a perfectly logical waypoint in her journey as animal communicator and founder of a non-profit devoted to assisting animals in 'chaos, crisis and war zones.'

Mattsson-Mercer founded her non-profit organization, Animals Without Limits, in October 1999 while attending a spay and neuter conference in Sofia, Bulgaria. One of the presenters there, Dr. Doreathea Friz who founded LegaProAnimale in Mondragone, so inspired Mattsson-Mercer that she felt the need to start her own organization.

Since 1999, Mattsson-Mercer has worked in Sarajevo, Bosnia-Herzegovina for 18 months, and has also operated her organization in Bahrain, North Carolina and her native Sweden. But it's been in Naples and Campania at large where she found animals in the most need, and has ultimately expended the most effort.

"It's not a war zone," Mattsson-Mercer said, "but for the strays and shelter dogs, it might as well be.

Campania has an estimated 70,000 stray dogs. The conditions are ripe for such a population: cultural resistance to spaying and neutering; a law that makes euthanasia of "healthy" dogs illegal; and a perennial trash problem that provides ample food for strays.

Campania is also home to hundreds of shelters for these animals, predominately dogs. It is not uncommon for there to be shelters with 500 or more dogs languishing inside. Yet adoptions from these shelters are exceedingly rare, with many dogs spending 16 or more years confined in a small pen on concrete floors, never so much as getting walked in the grass.

Enter Animals Without Limits' hospice in Lago Patria.

An English Setter in a local shelter waits for adoption. (Photo courtesy of Animals Without Limits)

see ANIMAL HOSPICE Page 7

PCS Corner

Tips to beat the summer moving rush

By Elaine Sanchez, American Forces Press Service

With military moving season about to kick into high gear, officials are urging service members to book their moving dates early and to remain as flexible as possible when doing so.

Careful planning is vital to ensuring a smooth move, especially during the busiest season, said John Johnson, branch chief for the personal property directorate quality assurance division, in an interview with the Pentagon Channel. The directorate, part of the Army's Military Surface Deployment and Distribution Command, manages the personal property program for the Department of

Each year, about 225,000 DoD and Coast Guard household goods shipments are slated for movement during the summer months, officials said. With school out for the summer, or about to be, many parents view that stretch of time as the least disruptive for a family move and set their sights on moving over the Memorial Day or Fourth of July weekends to take advantage of the extra days

But this moving cluster can create a backlog for officials, Johnson said, as military shipments compete with private-sector moves during the peak moving sea-

"We move almost half of the folks we move in the DoD in the summertime," he said, noting the "peak of the peak" season takes place toward the end of June through the Fourth of July. Service members who are set on moving around this time may run into some roadblocks when trying to lock in specific dates. However, they can tip the odds in their favor by booking their moving dates early, essentially beating the moving rush, and keeping flexibility in mind when doing so, Johnson advised.

"If you go with a specific time in mind and can't move outside of that, it makes it more challenging," he explained.

Johnson noted some exceptions to this rule, particularly when service members have a limited time frame in which they can move. In these cases, he advises troops to consider a personally procured move, formerly known as a do-it-yourself move, where members find their own movers or move their household goods themselves and then file for reimbursement.

DoD service members, civilians and their families have two options to manage moves, officials said. First, they can visit their local installation transportation office or personal property shipping office to start the move process. Or, they can use the Defense Personal Property System, known as DPS, which can be accessed through move.mil. This website is the portal for DPS and the one-stop shop where members can completely manage their move process, officials explained.

Meanwhile, people can create a personal moving calendar with checklists, phone numbers and links to helpful information, Johnson suggested.

He also suggests people rifle through their garage or basement and get rid of unwanted items to reduce their shipment's weight. "No one wants to get a bill for being overweight" on their shipment, he said, referring to authorized weight allowances based in part on rank or civilian pay grade.

A quick method for estimating weight is to calculate about 1,000 pounds per room, officials said, or by using the weight estimator on move.mil.

Johnson also stressed the importance of taking the time after the move to fill out a customer satisfaction survey, which serves as a "scorecard" for transportation service providers. Providers get business or don't get business based on their survey scores, he explained, providing incentive for moving companies to do a good job. "Higher scores mean more business," he said.

Johnson also pointed out that the process to file a claim for missing or damaged property has changed. People formerly filed a claim through the military claims office. But now, people initiate the claim process through the online system. The carrier then contacts people directly to discuss how to get estimates or repairs.

People who are having issues with this process aren't on their own, Johnson stressed. They can contact their local military claims officer for guidance and advice.

For questions or concerns about the moving process, people should stop by their local personal property shipping office or installation transportation office, Johnson advised.

(Mitch Chandran of the Surface Deployment and Distribution Command contributed to this article.)

Base Notes

Parent forum March 28

The administration and SAC committee at Naples Middle/ High School invite you to this parent forum March 28 at 6 p.m. in the school cafeteria. Counselors with the school's Adolescent Substance Abuse Counseling Services (ASACS) will discuss with parents the current trends in teen drug and alcohol use, how to recognize the signs of teen drinking and drug abuse, and how to promote healthy teen decision-making. The forum will also discuss resources available to teens and include a question and answer session.

Veterinary office to hold pet wellness clinic

The Naples Veterinary Treatment Facility will hold a Saturday Wellness Clinic Saturday, March 24 from 9 a.m. to noon at the Veterinary Clinic (Building 2088) at the Support Site. No appointment necessary; walkins only. Normal fees apply. No sick call appointments available. The wellness clinic is for healthy pets that need their annual vaccinations and routine preventive care. For more information, please contact the Veterinary Treatment Facility at 081-811-7913.

ASC trip to Paestum April 3

The Allied Spouses Club (ASC) is offering a trip to the Greek ruins of Paestum and a tour of the Tenuta Vannulo organic buffalo mozzarella factory April 3. The trip will be followed by a full luncheon at Oleandri Resort in Cilento. Transportation is included and seating is limited. Cost for ASC members is €35 and the cost for guests is €45. For more informa-

tion, contact your country representative or ascpresidentjfc@gmail.com. Registration deadline is

USO Taco Sunday March 25

Naples area single service members are invited to spend a relaxing Sunday evening enjoying Mexican food at the bachelor quarters kitchen at the Support Site March 25. If you crave Mexican food and want to indulge in a full-fledged taco bar, stop by from 5 to 7 p.m. and enjoy a real Mexican feast. Tacos, tortillas and your favorite Mexican fixings will be available for your enjoyment free of charge, compliments of USO Naples.

Delay in shipping vehicles between March **25 and May 4**

U.S. Department of Defense military and civilian personnel planning to use their privately owned vehicle (POV) shipping entitlement between March 25 and May 4, 2012 will experience a delay of up to an additional 30 days over normal delivery times. The delay is due to unexpected maintenance on two car-carrying vessels and will affect vehicles shipping through North Atlantic routes only. Personnel affected by this should contact the Personal Property Office at 081-811-6778 and Vehicle Processing Center at 081-811-6768 as soon as possible to plan and arrange for the shipment of their vehicles to ensure timely delivery.

Important DoDDS dates

March 23: Music Booster Golf Tournament at Carney Park

March 25: Music Boosters NEX Bagging Fundraiser

March 28: Parent Forum in the Cafeteria, 6 p.m. **April 6:** No school (teacher work

day); End of third quarter April 9-13: Spring Break

April 24: Honor Society Induction Ceremony at 6 p.m. in the cafeteria

In honor of World Autism

World Autism Awareness Day event April 2

Awareness Day, a discussion panel will be held at the Support Site bowling alley from 5 to 6:30 p.m. April 2 to discuss local support and programming for children with special needs and their families. The panel event will be followed by free bowling, cake and pizza for participants. Representatives from the schools, the Fleet and Family Support Center, Child and Youth Programs and the hospital will participate and be available for a question and answer session.

Report fraud, waste, abuse and mismanagement in

CNE-CNA-C6F/CNREURAFSWA IG HOTLINE

Navy activities to:

Office of the Inspector General, Naples, Italy Leave a recorded message 24/7:.....081-568-2983

Speak to the CNREURAFSWA Investigator:.....081-568-2600 Speak to the CNE-CNA-C6F Investigator:081-568-2964 E-mail: ighotline@eu.navv.mil

Website: www.cnic.navy.mil/europe/index.htm

CONTACT NAPL

NSA Naples CO townhallnsanaples@eu.navy.mil
Child and Youth Programs Director christopher.kasparek@eu.navy.mil
Director, FFSC FFSCNSANaples@eu.navy.mil
CMVRO cmvro@eu.navy.mil CMVRO cmvro@eu.navy.mil
Personal Property ppso-naples@eu.navy.mil
Post Office postoffice@eu.navy.mil rmwrmarketrequest@eu.navy.milhttp://www.afneurope.net/naples NCTSnctscustsvc@eu.navy.mil

Panorama Associato all'USPI

Unione Stampa Periodica Italiana

Naval Support Activity Capt. Scott Gray
Cmdr. Robert Barbee
Lt. Matt Gill
MC1(NAO) John Parker
Teresa Merola

Naples Italy Commanding Officer Executive Officer Public Affairs Officer **Assistant Public Affairs Officer** Public Affairs/COMREL Specialist

Editorial Staff Melissa Kabukuru Editor MC1(NAO) John Parker Photojournalist Contributors MC1(EXW/AW) Terry Vick NPASE-E Det. Europe

NPASE-E Det. Europe NPASE-E Det. Europe MC1 Edward Vasquez MC2(SW/AW) Felicito Rustique MC2(SW) Jeff Troutman MCSN Caitlin Conroy NPASE-E Det. Europe NPASE-E Det. Europe Volunteer Contributors

Gary Rice J. Freed, Lou Freed Editorial Office: Tel. 081/568-5335 Tel. 081/568-5856 Tel. 081/568-7884– Fax 081/568-7887 Free Mercato Ads: Paid Advertising:

This civilian enterprise (CE) newspaper is an authorized publication for members of the military services overseas. Contents of Panorama are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U. S. Navy. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, or Stampa Generale S.r.l. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. A confirmed violation or rejection of this equal opportunity policy by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.

The Panorama editorial office is located at Naval Support Activity, Naples, Italy, PSC 817, Box 40, FPO AE 09622 -Telephone: commercial 081-568-5335/5912; DSN 626-5335/5912. E-mail: naplespanorama@eu.navv.mil.

Panorama is published weekly on Friday by Stampa Generale S.r.l. Sig. Bruno Brandi, Publisher, Naval Support Activity, Capodichino (Naples), Italy - Tel. 081-568-7884, Fax 081-568-7887. E-mail: stampagenerale@tin.it Autorizzazione Tribunale di Napoli No. 3404 del 3.4.1985. Direttore Responsabile: Bruno Brandi. Stampa: Europrint Sud S.r.l., Ferentino (Fr); Fotocomposizione: Stampa Generale S.r.l. - Tel. 081-568-7884. Stampa Generale is a private firm in no way connected with the U.S. Navy under exclusive written contract with the U. S. Navy. The editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Support Activity, Naples, Italy. All news and feature articles and announcements submitted to Panorama are subject to editing to conform with contemporary standards of journalistic objectivity, clarity and relevance. We welcome any contributions, suggestions or comments dealing with community issues. Submissions for publication in Panorama will be accepted on the basis of newsworthiness, timeliness and space available. All copy must be submitted in Microsoft Word format in an e-mail to the editor at: naplespanorama@eu.navy.mil. Each submission must include the name and telephone number of the author. DEADLINE FOR ALL COPY AND PHOTOS IS AT CLOSE OF BUSINESS FRIDAY PRIOR TO PUBLICATION DATE.

Celebrating 'Year of the Chief'

From the Naples Area Chief Petty Officers

This year marks the 119th anniversary of the Chief Petty Officer, whose rating was established in 1893. The Navy Memorial has named 2012 the "Year of the Chief" to honor all Chief Petty Officers who have served, past and present. Throughout the fleet, commands will be conducting heritage, social and community events this year to celebrate the work, history and accomplishments of the Chief Petty Officer.

Chief Petty Officers provide leadership to the enlisted force and advice to Navy leadership to create combat-ready Naval Forces.

Command Master Chief Marco

Ramirez of Commander, 6th Fleet said, "Chiefs are the experts in their rating and actively up hold and enforce the standards. We produce a well trained enlisted and officer team. We actively measure ourselves by the success of our sailors."

Adm. Kenneth Norton, chief of staff for Commander, 6th Fleet, summed up the importance of chiefs' leadership with a simple quote: "So goes the Chief's Mess, so goes the command."

The Naples Area Chief Petty Officers will be kicking off the Year of the Chief events with a 5K run from 1 to 3 p.m. April 1 at the Support Site, starting at the piazza behind the chapel. The Naples Chief Petty Officers will be running in formation, and community

members are invited to join.

"We hope to have our community running stride for stride with us," said Senior Chief Petty Officer Edward Walker. "The community is invited to join us in singing some cadence." The 5K fun run will be followed by food, refreshments and cake outside the Support Site gym. This is the chief petty officers' way of giving back to the community – it's all for free.

Senior Chief Walker said that the event's goal is to share some of the chief petty officers' heritage and reaffirm their commitment to the community and its sailors.

"This event will mark the start of a year filled with heritage, and I look forward to our events with the community and the training with our sailors," Walker said.

Italian News Briefs

Compiled by Teresa Merola

AS Roma soccer team to train at Walt Disney World

The three-time champion AS Roma soccer team signed a six-year agreement to become the first European team to train at the Walt Disney World Resort in Florida. During the winter break the team will train at the ESPN Wide World of Sports complex, which is located inside the resort near Orlando. The Atlanta Braves baseball team, the American football team the Tampa Bay Buccaneers and the Orlando magic basketball team have all trained at this complex under similar agreements.

U.S. Consulate in Naples adopts flower beds in Piazza della Repubblica

The U.S. Consulate in Naples signed a three-year agreement with the Naples City Hall to care for the flower beds in Piazza della Repubblica, adjacent to the consulate. The agreement took effect Wednesday, which was the first day of spring. Naples Deputy Mayor Tommaso Sodano expressed his satisfaction with the work done so far thanks to the new regulation for the non-profit adoption of green areas in the city. City officials received many requests for adopting green areas in the city of Naples. U.S. Consul General Donald L. Moore said that with the America's Cup and Earth Day approaching, he was happy to help take care of the city grass.

Business owner must pay back €120,000 in unemployment benefits

An ex-Alitalia flight attendant in Rome who was claiming unemployment benefits was actually the owner and manager of a gardening business with 15 employees, police recently discovered. Police charged the man with aggravated fraud and damages to the State. He was ordered to pay back €120,000 in fraudulently claimed unemployment compensation that he received over a period of three years.

Naples organized crime bust targets tax officials

Naples financial police confiscated about €1 billion in assets and carried out arrest warrants for 60 people during an operation against a Neapolitan criminal family. Those arrested included 16 top tax magistrates, eight tax court officers and a prominent lawyer who also teaches at university. According to

Naples' prosecutors, corruption tax disputes led to sentences against the State and in favor of people linked to criminal organizations. Some of the arrested people were detained in prison, while others were put under house arrest and others were forbidden from residing in Naples. They were charged with mafia association for money laundering and corruption of legal proceedings. The assets confiscated include company shares, bank accounts, financial assets, properties, land, buildings and vehicles.

Open day provides free access to monuments, museums and churches

This Saturday and Sunday Italy will celebrate the 20th annual spring open day organized by the Fondo Ambiente Italiano (FAI). State buildings, archaeological sites, libraries, and religious buildings all over Italy will be open to the public free of charge. Many of the sites that will be open are not normally accessible to the public. In Naples some of the free sites available to visit will include the San Gennaro Catacombs, the Villa Rosebery and Palazzo San Giacomo (Naples town hall). Rome will open the doors of the state-owned Villa Madama and the 16thcentury Ninfeo dell'Uccelleria, whose recentlyrestored marble mosaics were publicly displayed for the first time. FAI works to preserve and promote Italy's cultural heritage through education, restoration and its annual open days. For the complete list of open monuments or to get more information, check the website www.giornatafai.it.

Wine grown on mafia land to be exhibited this weekend

The PON Sicurezza is an Italian government program also sponsored by the European Union that promotes legal commerce in Southern Italy. Since the initiative was launched in 2007 it has confiscated more than €60 million in assets that have been turned over the state. This weekend, some of those assets will be on display at the wine exhibition Vinitaly, which will present wine produced on land that was confiscated from mafia owners. The Vinitaly exhibition will be held in Verona from March 25 to 28.

Vinitaly, the world's largest wine exhibit, became internationally famous when it opened to foreign winemakers in 1978. The wine exhibition traces its roots back to 1969, when Italian winemakers first began to exhibit their products at a convention.

THE INSIDE PAGE...

FOR FLEET AND FAMILY SUPPORT CENTER (FFSC) EVENTS, SEE PAGE 5.

MARCH EVENTS

23 NHS MUSIC BOOSTERS GOLF TOURNAMENT FUNDRAISER "Golfing for Garda" will be held at Carney Park Friday, March 23. All Carney Park eligible patrons can participate. Cost is \$35 plus green fees. Half of the \$35 fee will go toward the students' trip, with the other half returned to the winning golfers in the form of Pro Shop certificates. The tournament format is a 4-person best ball scramble and will have a 12 p.m. shotgun start. To sign up and FMI, please contact the Pro Shop at 081-526-4296. Foursomes and individuals welcome.

24 WELLNESS CLINIC FOR YOUR PET The Naples Veterinary Treatment Facility will be hosting a Saturday Wellness Clinic Saturday, March 24 from 9 a.m. to noon at the Veterinary Clinic (Bldg. 2088) on the Support Site. Walkins only; normal fees apply. The wellness clinic is for healthy pets that need their annual vaccinations and routine preventive care. For more information, please contact the Veterinary Treatment Facility at 081-811-7913.

26 CONNECT THE TOTS CLUB COFFEE TALK Join members of the Connect the Tots Club for Coffee Talk at 10 a.m., Monday, March 26 at the NEX Food Court by the games and rides. Prospective members welcome! Find out what Connect the Tots is all about. For more information on the Club and to see more upcoming activities, visit www.meetup.com/Connect-the-Tots-Club/
28 PARENT FORUM AWARENESS EVENT The administration and SAC

28 PARENT FORUM AWARENESS EVENT The administration and SAC committee at Naples Middle/ High School invite you to this parent forum March 28 at 6 p.m. in the school cafeteria. Counselors with the school's Adolescent Substance Abuse Counseling Services (ASACS) will discuss with parents the current trends in teen drug and alcohol use, how to recognize the signs of teen drinking and drug abuse, and also how to promote healthy teen decision making.

30 ACT TEST Take the ACT test now. Your score report will arrive Naples 6-8 weeks after testing. Testing starts at 7:45 a.m. Appointments required — visit the Navy College Office in person on the main floor of Admin II at Capo, or contact the office by phone at 081-568-6684/6683/6678 or by e-mail at nco.naples@eu.navy.mil.

31 GIRL SCOUTS 100 YEAR ANNIVERSARY WALK Come celebrate 100 years of Girl Scouts! We will walk a combined effort of 100K and there will be loads of other fun activities. Join us at the field by the pool on the Support Site March 31 from 9 a.m. to noon. Don't miss out!

APRIL EVENTS

WORLD AUTISM AWARENESS DAY In honor of World Autism Awareness Day, a discussion panel will be held at the Support Site bowling alley from 5 to 6:30 p.m. to discuss local support and programming for children with special needs and their families. The panel event will be followed by free bowling, cake and pizza for participants. Representatives from the schools, the Fleet & Family Support Center, Child and Youth Programs and the hospital will participate and be available for a question and answer session.

13-15 CREDO FAMILY RETREAT Don't miss this chance for the whole family to learn together. The Family Retreat is designed to teach patterns and skills that support a healthy family life. This program will teach families the role of parents, the role of the children and the role of the couple in the family. Single parent and step-family concerns are also included. All will receive encouragement to develop and practice the skills to manage their lives, and to prevent and solve problems.

19 MONTHLY BABY BASICS CLASS offered by NMCRS Visiting Nurses will take place from 9 a.m. to noon April 19 at the Navy-Marine Corps Relief Society Office at Capodichino, located in room G- 016 of the Admin II building. Topics include newborn care (i.e. bundling, diapering & bathing), feeding, crying & comforting, health & safety, etc. Contact NCMRS for registration and information at 081-568-3913.

VOLUNTEERS NEEDED

NAPLES HIGH SCHOOL MUSIC BOOSTERS seeks 2012-2013 board members. For more information, e-mail matthew.ukleja@gmail.com.

NAPLES OVERSEAS SPOUSES CLUB (NOSC) seeks a volunteer to serve as marketing director. If you would like to build your resume while overseas, build your local network and can commit 5-10 hours per week, please contact noscpresident4@gmail.com or 345-423-7964 for more information.

ANIMALS WITHOUT LIMITS (AWL) is searching for volunteers who want to help at our Animal Hospice in Lago Patria. We also need volunteers for different projects on the Support Site base. For more information please contact us at awlrescueteam@gmail.com or director@animalswithoutlimits.com

THE AMERICAN SOCCER CLUB (ASC) OF NAPOLI is looking for qualified coaches for the 2012 spring soccer season for the age groups of U-9, U-11, U-13, and U-15/17. For more information or to sign up, e-mail ASCNapoli@yahoo.com or check the group's Facebook page, ASC-American Soccer Club of Napoli.

THE ALLIED SPOUSES CLUB (ASC) IS LOOKING FOR VOLUNTEERS. We need a webmaster, a publicity coordinator, a volunteer coordinator, a bazaar chair, a historian and a parliamentary authority. No experience necessary! For more information, please email club president Antonietta Alfieri Ciccone at ascpresidentjfc@gmail.com.

ATTENTION PHOTOGRAPHERS! Are you interested in taking photos of

Naples Elementary School students during 2011-2012? Contact Dr. Johnson at 081-811-4159 or donita. Johnson@eu.dodea.edu.

NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS. ARC needs volunteer instructors for various courses. Those interested in becoming instructors can contact the ARC office at 081-568-4788.

More "Inside Page" on Page 9



A path leading from
Amalfi's
Museo della
Carta
(Museum of
Paper) into
the Valle dei
Mulini
(Valley of
the Mills)
passes by
this abandoned
paper mill.

Papermaking in Amalfi goes back 800 years

Story and photos by Don Gawlik

Not far from Naples is a former empire that rose to power in the 8th and 9th centuries while Venice was still in its infancy. In the 11th century its population was more than twelve times what it is today. During medieval times, schools of law and mathematics flourished here, and the war-galleys constructed at this place were among the largest in the Mediterranean. It was also one of the first centers for the manufacturing of paper in Europe. It is Amalfi.

Still known for its papermaking, a visit of just one busy and active day can offer visitors many connections with Amalfi's paper past.

Papermaking first began in the Orient in the 8th century A.D. Five hundred years later, the sea empires of Amalfi, Genoa, Pisa, and Venice all traded extensively with the Middle East and the Orient. This network of trade gave rise to the need for documenting transactions. In the 13th century, Amalfi was not only the oldest sea republic — with bases all the way down to what is now Sicily — but it also became famous for its paper production.

The need for paper increased in 1220 when King Frederick II began imposing the use of paper for all public acts. Mills for producing the paper were located in the Valle dei Mulini (Valley of the Mills) and people came from throughout the Mediterranean to buy documents made of Amalfi paper. The quality was so particular and the production so reliable that even the Vatican was said to have contracted with Amalfi to produce all of its official paper. Mozart also received a supply of Amalfi paper in exchange for a concert in the home of a wealthy Neapolitan nobleman. By the 18th century, eleven mills were still in operation in the tight canyon setting of the Valle dei Mulini.

If you'd like to explore the valley, plan to do some walking. From the seaside, make your way to the main piazza in town, just below the famous Duomo di Amalfi. The main street, just to the left of Banco di Napoli, is the Via Lorenzo d'Amalfi. Follow it for about 600 meters as it changes into the Via Cardinal Marino Del Giudice and then into the Via della Cartiere. Here you will find Amalfi's Museo della Carta (Paper Museum) on the left. For a few Euro, the museum staff will take you on a tour of this 13th-century papermaking mill and demonstrate how paper was made.

Ask them to point out the route of sentiero #7 (trail #7), just around the corner, and then walk for two kilometers up the beautiful Valle dei Mulini. The karst landscape surrounding Amalfi comprises the Lattari Mountains, which produce the water that flows into the Canneto River. In many places along the trail, you can see where men channeled the water into canals to help run the paper-making machinery. You can still see some old mill buildings whose upper rooms with open windows once contained large racks to dry papers.

In the beginning, old rags from Amalfi and other areas were used to produce the fibers for making paper. Rags were hard to come by. Ironically, when the Black Death killed millions of people in Europe, tons of clothing and rags became available — at just about the time the printing press was invented. Suddenly, more books were printed, people became better educated, and a search was on for a substance that might provide even more papermaking material. In the 1700s a Frenchman studied the paper wasp and discovered that wood could be



Ruined paper mills like this one can be seen by hiking through the Valle dei Mulini (Valley of the Mills) in Amalfi.



The many paper mills in Amalfi's Valle dei Mulini (Valley of the Mills) relied on a steady flow of water from the Canneto river to operate. Hikers exploring the valley can follow the river to its source, where one finds this waterfall.

broken apart and made into paper; this is how paper is manufactured today.

The Italians took the first steps toward the process of industrializing papermaking by mechanizing many jobs once done by hand. In later years, however, the Industrial Revolution struck this region hard. Many paper mills couldn't modernize to keep up with competitors and they went out of business. In spite of the difficulties, some Amalfi papermakers continued to produce paper using their traditional methods; father passed the trade on to his son and generations continued making paper in traditional ways.

The geography of the valley contributed to the decline of its paper mills in later years because its roads, railways, and communication systems weren't easily accessible, making the shipping in and out of raw materials difficult. This valley's topography also limited how large the mills could expand.

Because of their geographic location, the mills were always subject to flooding during the rainy season. This flood water carried rubble, which could damage the mills' equipment if used. In November 1954 a massive flood destroyed 16 paper mills, leaving only three standing.

Near the end of the valley the trail takes hikers to the ruins of the Antica Ferriera (Old Iron Works), where iron implements were made for the mills. Walkers with more energy can continue following the river to its source, a walk that takes one uphill to a beautiful waterfall in a protected area.

After this hike you can return to the Museo della Carta and then walk back down Amalfi's main street. The river that was so necessary to Amalfi's paper success still runs beneath the town after being paved over in the 20th century. About 250 meters from the museum is a paper shop on the right called "Arte e Carta." The shop is run by Rita Cavaliere and has been a papermaking place since the 12th century. She is happy to let you come in and watch how paper is made the old way in a large stone vat.

Amalfi is still known for its paper, but does not produce nearly the amount it did in the past. Still, the valley has many places to experience for wanderers who are willing to walk the extra kilometer.

For more information, visit the website for the Museo della Carta at www.museodellacarta.it, or call 089-830-4561. The museum is open from 10 a.m. to 6:30 p.m. from March to December, and offers tours in English along with paper and writing items for sale.

Career Intermission Pilot Program renewed for another three years

By Ensign Amber Lynn Daniel Diversity and Inclusion Public Affairs

The Career Intermission Pilot Program (CIPP) has been extended for three more years as part of the Fiscal Year 2012 National Defense Authorization Act (NDAA), the chief of naval personnel announced March 16.

CIPP presents a unique opportunity for members to take a career intermission without penalty and return to active duty to complete a successful Navy career.

"This program was created for top performers who have the desire to 'Stay Navy,' but need some time off," said Vice Adm. Scott Van Buskirk, chief of naval personnel. "These are great sailors, and through CIPP we are able to meet the short-term needs of our sailors while ensuring they stay Navy for the long term."

During their time in CIPP, participants retain full medical and dental benefits for themselves and their dependents, as well as exchange and commissary benefits. Participants also receive a small monthly stipend equal to one-fifteenth of their basic pay. Additionally, to ease the transition into the program, those who are accepted may choose to have a Navy-funded permanent change of station move to anywhere in the continental United States.

Upon returning to active duty, the CIPP participant's date of rank/service is adjusted, ensuring participants compete in promotion boards with people at the same experience level.

Master-at-Arms 1st Class Ryan Williams applied to CIPP in 2011 when his father was diagnosed with a degenerative illness.

"My wife and I were stationed at Ventura County and on the fence on whether to stay in the Navy or return home and spend as much time with him as possible," said Williams. "I had ten years in at the time, so it was tough to think of wasting all the time I'd put in."

Williams' wife read an article about CIPP and

encouraged her husband to apply.

"It initially seemed too good to be true," said Williams. "I didn't actually think that we would be accepted."

However, Williams was accepted to the program. After his father passed away, Williams used his remaining time in CIPP to complete his bachelor's degree, visit family, and travel the world with his spouse. But during that time away from the Navy, Williams found he started to look forward to returning to service.

"I missed being part of something. The number of opportunities that I have been given and enjoyed in the Navy was magnified when I returned home and saw the lack of opportunities in the civilian world. I saw many of my family and

friends that were out of work or struggling to keep their jobs. So at minimum, the program has made me grow a deeper appreciation for what the Navy offers," said Williams.

Williams is now preparing to transition back to military service and out of CIPP. For him, career intermission was a perfect answer to what could have been a difficult career decision. Williams believes CIPP ultimately could be a great option for many sailors facing similarly difficult decisions.

"The Career Intermission Pilot Program provides sailors with options for achieving optimal life/work integration in light of situations that would otherwise be difficult or incompatible with military service," said Van Buskirk. "Our sailors are the cornerstone of our service, and we remain committed to providing opportunities for them to excel long-term with our Navy."

Williams said he would encourage other sailors to apply for the program just as he did.

"I would say go for it, as long as it is for something important, such as spending time with family, finishing education, or fulfilling lifelong goals that otherwise couldn't be completed while in the Navy," said Williams.

Twenty officer applications and 20 enlisted applications are accepted for the program each year. Interested applicants must first submit an electronic package to OPNAV N134 program managers for consideration. Packages are then reviewed for eligibility and routed to the member's detailer community managers before final approval by the Commander of Navy Personnel Command.

All program participants will return to active duty at the end of the period prescribed and will incur a two-to-one service obligation for every month in the program. This obligation is in addition to any previously existing obligation. Time spent in CIPP will not count towards retirement, computation of total years of commissioned service, or high year tenure limitations.

CIPP is an element of the continuum of service area of the 21st Century Sailor and Marine initiative, which consolidates a set of objectives and policies, new and existing, to maximize sailor and marine personal readiness, build resiliency and hone the most combat-effective force in the history of the Department of the Navy.

Sailors who are interested in learning more or applying to the Career Intermission Pilot Program can visit http://www.public.navy.mil/bupers-npc/support/tflw/Pages/CIPP.aspx.

For more information, visit www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

For more news from Chief of Naval Personnel - Office of Diversity and Inclusion, visit www.navy.mil/local/cnp-diversity/.

Fleet and Family Support Center events this week From the Fleet and Family Support Center

For more information about local Fleet and Family Support Center (FFSC) events, visit www.facebook.com/NaplesFFSC.

UPCOMING FFSC NAPLES EVENTS

Call 081-811-6372 for more information or to register

FRIDAY, MARCH 23 - DISCOVER THE PHLEGRAEAN FIELDS (8:30 a.m. - 2 p.m.; Departs from JFC) Walk the paths of the newest volcano of the Phlegraean Fields and experience the beautiful Lake Averno.

CONFLICT MANAGEMENT (10:30 a.m.-11:30 a.m.) Conflict management helps people manage conflict by examining attitude and behavior when faced with conflicting situations.

LEGAL ASSISTANCE AT SUPPORT SITE FFSC (9 a.m.

3 p.m.) Legal Assistance appointments will be performed by a NLSO attorney two times per month at the FFSC service center. The attorneys are available for the usual legal assistance services – powers of attorney, immigration, consumer law, creditor/debtor issues, divorce, etc. Please contact 081-568-4576 for more information or to make an appointment.

TUESDAY, MARCH 27 – NAPLES CENTRAL STATION & UMBERTO AVENUE – (8 a.m. - 2 p.m.; Departs from JFC.) Visit Naples Central train station, learn about the national trains, and take a walk along Corso Umberto, the longest shopping street in Naples.

WEDNESDAY, MARCH 28 – COMMUNICATIONS SKILLS (10:30 - 11:30 a.m.; in the Navy College Classroom at Capodichino) Our ability to express what we think and feel without clouding our ability to listen and respect how others think and feel is the greatest factor of success in our work and home life.

THURSDAY, MARCH 29 – HOW TO MAKE HOMEMADE WINE (9 a.m. - 10:30 a.m.) Learn how to make a homemade wine.

HOME BUYING (9:30 a.m. - noon) Are you wanting to buy a home? Become an informed consumer with information on the entire home buying process, from finding the right home to loan financing.

FRIDAY, MARCH 30 - THE FEDERAL EMPLOYMENT PROCESS (noon - 3 p.m.) Want to land a federal job? This workshop focuses on the key steps to gaining federal employment. Topics covered vary from job searching guides to interview tips. The third hour, handson practice, is optional.

UPCOMING FFSC GAETA EVENTS

Call 081-568-8354/7 for more information or to register

FFRIDAY, MARCH 30 – *GIANOLA SCHOOL COOKING CLASS* (9 a.m. - 2 p.m.) Cooking class at the Hotel School in Formia. Come and learn how to prepare regional dishes from Italy. Cost of class (to include food) is €15 to be paid at the school.

Naples area ombudsmen and key spouses

The ombudsmen program at Naval Support Activity (NSA) Naples coordinates communication of information between service members and their families. The service provided by ombudsmen becomes especially critical and helpful during deployments. Here is a list of ombudsmen for Naples area commands.

AFN NAPLES: Donna Vigil, ombudsafn@gmail.com

CNE BAND: Rachel Schoonmaker, cnebandombudsman@hotmail.com

CNE- 6th FLEET: Ashley Haggerty: c6fombudsman@gmail.com

CNREURAFSWA: Sindy Copeland: cnreurafswanaples@hotmail.comCTF SIX THREE & COM SEALOGEUR: Arlene

Campbell, ombudsmanctf63.msceuraf@yahoo.com

CTF SIX NINE & COMSUBGRU EIGHT: Kathryn Royal,

CTF SIX NINE & COMSUBGRU EIGHT: Kathryn Roys ctf.69.ombudsman@gmail.com

FLCSI- Naples: Maria Seibel, maie13@yahoo.com

JFC: Edna Wood, ombudsmanjfc@gmail.com

NSA Naples: Heather Staib-Jerzy,nsa_naples_omb@yahoo.com

NCTS: Denise Caton, ombudsmanncts@yahoo.com

NSSA DET Naples: Gretchen Bozwell, nssadetnaplesombudsman@hotmail.com

USNH: Stephanie Romriell & Alan Bradshaw, usnh_ombudsman@hotmail.com

U.S. AIR FORCE ELEMENT: Sonya Cage, usafkeyspousenaples@yahoo.com

U.S. MARINE ELEMENT: Suzin Lucas, naplesmarineombudsman@gmail.com

USS MOUNT WHITNEY: Sheree Johnson & Anna Nickell, mtwombudsman@yahoo.com

CURRENTLY VACANT: NAVFAC SEABEES, RLSO & NLSO, DESRON SIX ZERO, U.S. ARMY ELEMENT, U.S. ARMY ELEMENT - ALPHA COMPANY, U. S. ARMY ELEMENT - HHC.

Any spouses who have an interest in becoming an ombudsman should contact the Ombudsman Coordinator, Cecellia Kitson, at cecellia.kitson@eu.navy.mil.



U.S. Naval Hospital **Naples Family** Medicine staff members Lt. Cmdr. Hopkins, Lt. jg. Brown, and HM3 Porcello are shown here in a Medical **Home Port** "Huddle". Each member of the huddle plays a key role in providing patientcentered care, which is the goal of the **Medical Home** Port Model. (Photo by HM3

David Butters)

Hospital's Medical Home Port Program gets a checkup

By Lt. Jonathan Oakes, MSC, USN

On March 1 and March 2 U.S. Naval Hospital Naples, Italy had an eagerly anticipated assist visit by the Bureau of Medicine and Surgery (BUMED) Medical Home Port Program Management Office. The BUMED Program Management Office has been on the road visiting all 28 military treatment facilities in Navy Medicine this past year. Capt. Maureen Padden, Medical Home Port program director, and Lt. Dwight Hampton, nurse action officer, came to provide training on appointment templates, access to care metrics, and team-based practice essentials

The Naval Hospital implemented the Medical Home Port model in the Family Medicine Clinic in July 2011 under the leadership of Capt. Lisa McGowan, director for medical services, and Lt. Cmdr. Ryan Bell, internist and Medical Home Port champion. Through the Medical Home Port Program, the Military Healthcare System (MHS) has a goal of providing increasingly patient-centered care, ensuring greater health and wellness for all beneficiaries.

"Medical Home Port is about being patient-centered," said Capt. Padden. "It is not about how fast you can get the patients in and out of your clinic, it is about the quality of care you give those patients."

Under the Medical Home Port Program, each patient has an assigned Primary Care Manager and a team of corpsmen and nurses that are responsible for their care. Each visit starts with a comprehensive intake by the team Hospital Corpsman, to include a review of the patient's medical history and preventive medicine services

that may be due, such as immunizations or mammograms. The team nurse is actively involved with patient care, looking for opportunities to address patients' needs by phone or via Relay Health secure e-mail messaging. This might include medication refills and helping patients with nurse run protocols, such as Urinary Tract Infections. This allows physicians to be readily available for the patients who need their higher level of care. Behavioral Health and Nutrition Services are now embedded in the Medical Home Port and have appointments for same day access for our patients to maximize their health and wellness.

The assist visit from the BUMED Home Port Management Office went extremely well and the primary care staff received invaluable training. The hospital received high praise from Capt. Padden for establishing the Patient Centered Medical Home Port Model and performing well above other military treatment facilities in Navy Medicine. She has recommended that the hospital pursue National Committee for Quality Assurance (NCQA) certification in 2012 to be further recognized for this notable achievement in providing safe, high quality care.

The BUMED visit was not only an assessment of Medical Home Port by Capt. Padden, but also an educational opportunity for all of the Family Medicine and primary care staff at the hospital and its Capodichino clinic. Capt. Padden provided an informational interview for AFN while she was here to assist in educating our beneficiaries about the new concept. Above all, Capt. Padden and Lt. Hampton provided the primary care staff with knowledge and insight on how to make the goal of patient centered care truly understood in all areas and put into practice.

Weekly Crime Report for March 12 - March 18

Traffic Accident with Injuries (off base). On March 13 at approximately 12:59 p.m., E-6/USN reported a traffic accident with injuries that occurred earlier that day in Pozzuoli, Italy. Driver reported that she attempted to downshift her vehicle to avoid colliding with a vehicle in front when a vehicle behind her rear-ended her vehicle. Damage to both vehicles included minor dents and scratches. Complainant went to the U.S. Naval Hospital Naples emergency room for neck pains.

House Break-In (off base). On March 14 at approximately 12:15 p.m., CIV reported a house break-in that occurred March 6 in Pozzuoli, Italy. Victim reported that he had returned home and noticed multiple items missing from the residence.

Vehicle Break-In (off base). On March 16 at approximately 8:02 a.m., E-5/USN reported a vehicle break-in that occurred earlier that day in Gricignano, Italy. Victim reported that he had parked his vehicle and upon returning noticed his

passenger's side window broken and multiple items

Larceny of Unsecured Property (on base). On March 16 at approximately 4 p.m., O-3/USN reported a larceny of unsecured property that occurred earlier that day at NSA Naples Capodichino. Victim reported that he had left his cell phone on top of the lockers and upon returning noticed it missing.

Vehicle Break-In (off base). On March 17 at approximately 9:30 a.m., E-6/USN reported a vehicle break-in that occurred earlier that day in Gricignano, Italy. Victim reported that he had parked his vehicle and upon returning noticed his front driver's side window broken and his iPod touch missing.

Vehicle Break-In (off base). On March 17 at approximately 10:30 a.m., E-6/USN reported a vehicle breakin that occurred earlier that day in Gricignano, Italy. Victim reported that he had parked his vehicle and upon returning noticed his driver's side window broken and his GPS unit missing.

Vehicle Break-In (off base). On March 17 at approximately 2:30 p.m., E-3/USN reported a vehicle break-in that occurred earlier that day in Gricignano, Italy. Victim reported that she had parked her vehicle and upon returning noticed her front passenger side window broken and multiple items missing.

Countering insider threats

From the Naval Criminal Investigative Service (NCIS)

The danger of insider threats has been a high priority for the Department of Defense (DoD) in light of recent attacks by personnel within the services. This insider threat poses a grave danger which can severely affect the Department of the Navy's ability to complete its mission. Aboard Naval Support Activity (NSA) Naples, the Naval Criminal Investigative Service (NCIS) plays a key role in the prevention, detection and response to this dangerous threat. To achieve long-term success, support is needed from the entire NSA Naples community.

The NCIS mission is to investigate and defeat criminal, terrorist and foreign intelligence threats to the United States Navy and Marine Corps, whether they operate ashore, afloat or in cyberspace.

What is an insider threat?

Simply put, an insider is anyone who has authorized access to DoD resources by virtue of employment, volunteer activities or contractual relationship with DoD. These persons become a threat when they use their access, wittingly or unwittingly, to harm national security interests or national security through unauthorized disclosure, data modification, espionage, terrorism or any action resulting in loss or degradation of resources or capabilities. One example of terrorism is the attack against unarmed personnel aboard Fort Hood, Texas in 2009. An example of espionage is the case of Private First Class Bradley Manning, who is accused of leaking tens of thousands of classified diplomatic cables and intelligence reports. Regardless of the outcome of the trials, both represent clear examples of insider threats.

Possible indicators of terrorism or espionage

While no list can be all inclusive of the traits a terrorist or spy might exhibit, the following are included from previous cases:

- Membership in any group which advocates the use of force or violence to achieve political goals or advocates loyalty to a foreign interest over loyalty to the U.S. government.
- Makes pro-terrorist statements.
- Makes statements in support of militant jihadist ideology of holy war against the West – in person or online.
- Frequent viewing of websites that promote extremist or violent activities that are not part of one's job.
- Makes statements about having a bomb or getting materials to make such a device, or about learning how to make or use any such device, when unrelated to the person's job.

Espionage

- Divided loyalties, disgruntled.

- Unexplained affluence, foreign travel, foreign contacts.
- Working odd hours without authorization.
- Taking classified material home without authorization, obtaining classified information without a need to know.
- Bringing unauthorized electronic devices into work areas. Unnecessary photocopying of classified material.
- Bragging about what they know.

Although these acts may not indicate actual participation in either terrorism-related activity or espionage, they may mean something

When and how to report suspicious activity

Personnel living and or working aboard installations in today's quickly evolving threat environment should err on the side of caution if confronted with examples of these sorts of behaviors or actions. In the case of personnel with security clearances, it is an obligation to report suspicious behavior, as it could be a matter of national security. For a complete list of reportable activities, indicators and behaviors, refer to DoD Directive 5240.06 or contact your local NCIS office.

Simply identifying and noticing suspicious behavior is only a portion of the solution toward countering insider threats. Alerting the appropriate personnel to the issue represents a first line of defense and helps to protect critical technologies, assets, infrastructure, and personnel.

If you notice activity which poses an immediate threat to personnel or critical infrastructure, contact the police immediately via the following

NSA Naples Security at Capodochino: 081-568-2207 NSA Naples Security at the Support Site: .081-811-4269

You can also make a report anonymously at the NCIS website:

The dangers that insider threats pose to the DoD are serious and continue to evolve. A team mentality needs to be encouraged and maintained in order to help counter this threat to service members, civilian employees, their families and installations.

Individual Force Protection Plans

All Department of Defense personnel and their adult family members on official or unofficial travel outside of Italy must complete an Individual Force Protection Plan (IFPP). IFPPs are mandatory if one of the following

- If the destination country or region has a State Department Public Announcement or Travel Warning in effect.
- A U.S. Mission (Embassy/Consulate) is not present and the State Department or responsible Chief of Mission cannot extend normal consular protection services to U.S. Citizens.
- Travel includes any of the following countries: Russia, Latvia, Lithuania, Estonia, Belarus, Ukraine, Moldova, Georgia, Azerbaijan, Turkey, Israel, Lebanon, Albania, Kosovo, Serbia, and all Africa
- Travel is out of Area of Responsibility (AOR) as required by AOR Commander. (CONUS, Alaska, Hawaii, and U.S. Territories are

For more information, please contact the Anti-Terrorism/Force Protection Division at 081-568-5525 or 081-568-5595, or visit the office in the Capodichino Security Precinct in Bldg. 403, open from 8 a.m. to 4 p.m. Monday through Friday.

AL-ANON

Continued from Page 1

"Alcoholism is a family disease and this organization is here to help family members affected by it," said Liz K., facilitator for the local Al-Anon program. (*Panorama* is not printing Liz's last name out of respect for Al-Anon's anonymity policy.) "A person living with someone suffering from this disease might be under the delusion that 'If they loved me, they would stop drinking,' and this idea is false. It does not benefit the family and it discounts the fact that alcoholism is a disease."

The local Al-Anon chapter meets at the Naval Support Activity (NSA) Naples Fleet and Family Support Center (FFSC) every Tuesday evening from 6 p.m. to 7 p.m. The Alateen program, a version of the organization geared toward family members ages 13 to 18, meets Sundays from 9 a.m. to 10 a.m. The meetings take place in the FFSC lounge at the Support Site, and are open to any friend or family member of someone who is suffering the effects of alcoholism.

Aviation Machinist's Mate 1st Class Roxanne Guevara, a counselor with the Substance Abuse Rehabilitation Program at NSA Naples, said that she recommends that family members of alcoholics attend Al-Anon or Alateen meetings, especially if they are children of an alcoholic parent

"Just like any other disease, it changes the family altogether," Guevara said. "The child lives their life as if they were in a place full of landmines. They have to tiptoe around the alcoholic's behavior."

Meanwhile, spouses of alcoholics get used to always helping and covering for the alcoholic, she said.

"Eventually they are going to have to cover for them at work, they are going to have to cover for them with family," Guevara said. "They live with that kind of fear — they live with that kind of shame. They start to own it and it becomes part of their life."

When family members go to Al-Anon, it teaches them how to live their lives according to their own feelings, and not to live life only by reacting to the behavior of the alcoholic, said Guevara.

"The program is more geared toward helping family members help themselves," said Guevara. "The program doesn't teach a person how to help the alcoholic quit. It teaches people how to be better even though they may live with an active alcoholic."

Liz K. said the discussions at Al-Anon meetings revolve around members telling their stories to one another, without directly instructing each other how to cope with their different situations.

"The dynamic of each discussion is built around each person sharing their experiences," Liz said. "You won't hear anyone telling you what do because listening allows people to open up to ideas, solutions and experiences and feel a sense of emotional relief."

Mark Johnson, a clinical counselor with the NSA Naples FFSC, said that attending Al-Anon meetings can help alleviate spouses and family members' feelings of responsibility for their loved one's alcoholism.

"It teaches the 'three Cs:' they learn that they didn't cause it, they can't control it and they can't cure it," said Johnson, who is a licensed chemical dependency counselor.

The program can also help people separate their love for the alcoholic from their negative feelings toward that person's alcoholism, he said.

"Detach with love' is a really common theme in Al-Anon, meaning you can detach from the behavior —the alcoholism — but still love the person,' said Johnson.

There are over 26,000 Al-Anon and Alateen groups in 115 countries. Each group has an average of 13 members. All organizational literature is written by members and has been translated into 30 languages.

Frequently the Al-Anon literature discusses how there still a stigma attached to the disease of alcoholism, said Liz K. Coming to meetings can help family members and friends of alcoholics realize they aren't alone, she said.

"I hope that military family members and friends in the Naples area dealing with this disease use these meetings to listen to others in the same situation, so that they can understand how to cope and have a sense of serenity and hope," said Liz K.

For more information about the Al-Anon and Alateen organizations please visit www.al-anon.alateen.org. The local contact number is 345-416-5435.

FFSC Tip of the Week: Loaner goods

From the Fleet and Family Support Center

The Fleet and Family Support Center (FFSC) provides loaner household goods such as sheets, pots and pans, dishes, and tableware free of charge to incoming and outgoing community members. The loaner items can be kept for up to 60 days and there is no reservation necessary. The FFSC offers same day service; for more information or to create your own Loaner Locker kit, stop by the FFSC at the Support Site, or call the FFSC at 081-811-6372.



Mia Mattsson-Mercer, the founder of the organization Animals Without Limits, says goodbye to a client at the group's animal hospice in Lago Patria. (Photos courtesy of Animals Without Limits)

ANIMAL HOSPICE

Continued from Page 1

Devoted to providing a sanctuary for elderly dogs that have suffered enough, the hospice operates in a rented house with a small yard. At any given time, there might be up to a dozen canine "clients" residing there.

"We furnish it with donated furniture, so our clients are living in a real home, not some shelter pen," Mattsson-Mercer said.

Volunteers come several times during the day, from early morning until night, to let the clients out to do their business, feed and medicate them, clean the hospice and provide some socialization.

"It is not our purpose to keep our clients alive above all else," Mattsson-Mercer said. "Rather, we seek to provide them a quality and serene life for the time they have left. It may be a week, a month, a year or anything in between. The veterinarians we work with tell us when their quality of life has been diminished by pain. When that time comes, we make sure they are released from their struggles in a calm, loving and dignified way. Volunteers are with them to make sure they don't leave this life alone."

Martina Ricci, an Italian who volunteers at the hospice, said the work she does with Animals Without Limits makes her feel as if she's truly making a difference in the local community.

"I have volunteered nearly my whole life but what we could do was just a small drop in the ocean," Ricci said. "I can say that since I became part of Animals Without Limits I can finally achieve my goals and give a body to what before was just an hope. Now I know that I can save a life — I really can do it — and there's no price for it."

The hospice is not the sum total of what Animals Without Limits does in Campania, but it is the center-



Valerie Widner Funk, a volunteer at the Animals Without Limits animal hospice in Lago Patria, hugs Benny, one of the dogs staying at the hospice.

piece of its efforts. The organization also assists wounded and sick strays it finds on the streets, and in 2011 it conducted a spay and neuter program for strays and shelter dogs and cats, thanks to a grant from a U.S. organization.

Animals without Limits also assists some of the area shelters with food donations, medication and other help. In some cases, animals that the organization has come in contact with have been found permanent homes through a network of Italian and other European individuals and organizations. Adoption is not part of the Animals Without Limits mission, but the group does what they can to find homes for worthy animals it has helped along the way.

Animals Without Limits is recognized by the Naval Support Activity (NSA) Naples command as a private

organization with permission to fundraise on base, and is deemed a 501(c)(3) non-profit by the IRS. Fundraising events such as bagging sessions at the Navy Exchange and car washes are planned for the future. The Boy Scouts and other formal and informal groups have been to the hospice in the past to assist with the animals there. The hospice, like all Animals Without Limits endeavors, is operated entirely by unpaid volunteers, allowing all donations to be used to the maximum extent possible for helping animals.

The organization is always in critical need of both volunteers and either monetary or material donations. Dog food in particular is always in demand. Donations can be dropped off on base at the Veterinary Clinic at the Support Site or directly at the hospice in Lago Patria.

Please contact awlrescueteam@gmail.com or director@animalswithoutlimits.com if you wish to volunteer or would like more information. More details are available at www.animalswithoutlimits.com. You can follow the missions and individual dogs' stories on animalswithoutlimits.blogspot.com. Links for donating money to the Animals Without Limits cause are on the blog and website.

Mattsson-Mercer has recently relocated with her family to Stuttgart, Germany, but the hospice and mission of Animals Without Limits in the Naples area continues. She comes down every month to continue her work here. Mattsson-Mercer's vision is that Animals Without Limits will operate in Campania as long as there is a need.



Volunteers bathe dogs at the Animals Without Limits animal hospice in Lago Patria.

More Inside Page...

VOLUNTEERS NEEDED continued

NAPLES ELEMENTARY SCHOOL PTA is searching for people who want to lead the PTA during the 2012-2013 school year. PTA board members are elected every year and committee chairs are appointed every year. If you are interested in a board or chair position, please email Angel Neese at itwife 2000 @yahoo.com with your name, contact information, the position you would like to hold, and a little information about yourself. Open positions include President, VP of Programs, VP of Fundraising, treasurer, sections in the contact of the programs of the program of retary, and volunteer coordinator.

NAVY LEAGUE OF THE U.S./NAPLES COUNCIL is seeking board mem-

bers. Contact Betty Reese at 081-526-8051 or breese@cybernet.it.
NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or

by e-mail to nalexander@afsouth.nato.int.

NAVY-MARINE CORPS RELIEF SOCIETY OPERATION CLIP & SAVE

(coupons): 081-568-3913.

GAETA/NAPLES AREA GIRL SCOUTS Now accepting registration for the 2011-12 school year. We are still in need of leaders and co-leaders. Training and support provided. FMI, contact naplesgs@yahoo.com.

ONGOING/ON THE HORIZON

NAPLES OVERSEAS SPOUSES CLUB (NOSC) is seeking volunteers! Join a group of dedicated and committed women to plan and execute social events, community outreach projects, and day tours. For more information, please email Chioma Griffin, club Vice President at nosc1stvp@ gmail.com.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at its location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit http://www.wraitalia.it/

RECEIVE DAILY REFLECTION, an inspirational thought-for-the-day e-mailed throughout the work week. To receive Daily Reflection, e-mail Chaplain Charles Luff at charles.luff@eu.navy.mil.

SECURITY NOTE: All DoD military or civilian personnel hosting an event off base must complete a Special Event Force Protection Plan (SEFPP) 45 days in advance, regardless of organization, if the event will involve 50 or more personnel, include distinguished visitors or involve personnel wearing uniforms. FMI, contact the AT/FP Division at 081-568-5525 or visit the division office in the Capodichino Security Precinct, Bldg. 403. **ALCOHOLICS ANONYMOUS** hosts English-speaking AA meetings on and

off base in the Naples area. For more information, call 347-544-0254 or visit http://www.aa-europe.net/countries/italy.htm.

CATHOLIC WOMEN OF THE CHAPEL invites community members to join the Rosary Prayer Group that meets every Wednesday at 10:30 a.m. in the Support Site Chapel. For more information, e-mail CWOCNaples@gmail.com.

PROTESTANT WOMEN OF THE CHAPEL PWOC Woman's Bible Study

meets every Tuesday from 9-11:30 a.m. in the Support Site Fellowship Hall. Free child care provided. For questions, contact Audrey de Rivera at

ATTN MILITARY RETIREES AND SURVIVORS Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit http://usmra-si.tripod.com or call 329-208-7315.

SURE START is a unique program committed to providing the highest quality of education for command-sponsored children of enlisted personnel (priority to E1-E4) who are 4 years old by Sept. 1. FMI, call Karen Rodrigues at 081-811-4682 or the school at 081-811-4037. **TOASTMASTERS** meets the first and third Tuesdays of every month.

Meetings are held at the Support Site Community Center. FMI, contact Toastmasters President Leonard Augustine at 346-771-7506.

PROSPECTIVE MEMBERS WELCOME AT ALL CONNECT THE TOTS CLUB ACTIVITIES! The CTT Club hosts events, crafts and outings designed for you and your child (infancy through preschool). For more information on the club, visit www.meetup.com/Connect-the-Tots-Club/. RELIGIOUS SERVICES AT U.S. NAVAL HOSPITAL NAPLES Tuesday

Meditation & Prayer (7:15-7:45 a.m.) in the hospital chapel. Traditional hymn and praise and worship music will be provided during this time. Wednesday Roman Catholic Mass (11:30 a.m.-12 p.m.) in the hospital chapel. Call 081-811-6451 to confirm that Mass is being held. Thursday Men's Fellowship and Bible Study (6-7 a.m.) in the hospital galley.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY meets every

1st Sunday of the month at the SS Fellowship Hall at 12 p.m. FMI, contact Christian Rodriguez at christian.rodriguez@eu.navy.mil, Catherine Katimbang at catherine.katimbang@eu.dodea.edu or visit the group's Facebook page: Fil-Am Naples.

CATHOLIC WOMEN OF THE CHAPEL meets monthly in the Support Site

Fellowship Hall for prayer and fellowship. Child care provided. For information, contact Eileen Mayette at cwocnaples@gmail.com.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 7 p.m. the second and fourth Thursday of each month at the Support Site Fleet and Family Support Center. E-mail Jaime Gonzalez at kofcnaples@

gmail.com or visit http://sites.google.com/site/kofcnaples/ home. HARRY S. TRUMAN LODGE No. 649 meets every Friday at 7:30 p.m. FMI, contact Kevin Baker at 338-479-7023 or hst649sec@yahoo.com. Visit http://www.hst649.org

NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION meets regularly to support families on their homeschooling journey. FMI, contact Susan Van Cleave at sdwvancleave@msn.com.

BOY SCOUT TROOP 007 holds troop meetings every Monday from 6:30 - 8 p.m. in the Support Site Community Center. FMI, contact Scoutmaster Dennis Smith at 081-811-5585 or dennis@ bsulfurcreek.com.

SAIL WITH THE NAPLES NATO YACHT CLUB (NNYC) AMERICAN **TEAM**. We are looking for Americans interested in participating in dinghy races sailed at the NNYC facilities on the island of Nisida. Experience not

required. FMI, contact Frank Chapman at champanf@ix.netcom.com. WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM is offered at NSA Naples. Women who are pregnant, breastfeeding, postpartum or have an infant or child under the age of five may qualify for the program. WIC Overseas is a nutrition education program that provides nutritious supplemental foods. Contact WIC Overseas at 081-811-4962.

CARNEY PARK LADIES GOLF ASSOCIATION meets at 9 a.m. Mondays. All skill levels welcome. Discounted play with membership. FMI, call Carol Borkowski at 081-804-3345, or Carney Park Golf Course at 081-526-4296.

EDIS SCREENINGS NOW AVAILABLE Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.

NAPLES AMERICAN RED CROSS holds orientation the first Wednesday of every month at the organization's Capo office from 8:30-10 a.m. and the first Tuesday of every month at the hospital from 9:30-11 a.m. Call 081-568-4788 for info.

LATINOS UNIDOS WELCOMES NEW MEMBERS Meetings are at 2 p.m. the first Sunday of every month at the Support Site park. For more info, contact Michael Cortez, Michael.cortez@eu.navy.mil, 334-6771-0327, or Gabriel Sermeno, Gabriel.sermeno@eu.navy.mil, 081-811-5554

CUB SCOUT PACK 007 Want to camp in Nettuno, hike in Cuma, go bowling or participate in swimming and archery? Then Cub Scouts is the place for you! Boys in first through fifth grade meet three times per month to learn skills that they apply on hiking, camping and service outings. FMI, contact naplescubmaster@gmail.com or visit www.cubscoutingnaples.org.

rimes cinema

Friday, March 23

4:30 p.m. Big Miracle, PG Premiere Showing 5:30 p.m. Dr Seuss' The Lorax PG

Woman in Black 7 p.m. PG-13 Premiere Showing

Saturday, 24 March

2:30 p.m. Big Miracle, PG 4:30 p.m. Dr Seuss' The Lorax PG

5:30 p.m. Chronicle, PG-13 Premiere Showing The Grey, R 7 p.m.

Sunday, March 25

4:30 p.m. Big Miracle PG

5:30 p.m. Woman in Black PG-13

Chronicle, PG-13 7 p.m.

> Monday, March 26 Closed — No Movie

Tuesday, March 27

Closed — No Movie

Wednesday, March 28

4:30 p.m. One for the Money PG-13 5:30 p.m. Haywire, R

Last Showing Contraband, R 7 p.m. Last Showing

Thursday, March 29

4:30 p.m. Joyful Noise, PG 13 Last Showing 5:30 p.m. Woman in Black PG-13 Act of Valor, R 7 p.m.

Friday, March 30

Last Showing

4:30 p.m. Chronicle, PG-13 5:30 p.m. Big Miracle, PG 7 p.m. The Hunger Games PG-13 Premiere Showing

Upcoming USO Tours Capodichino Office 081-568-5713 Support Site Office 081-811-4903

TOURS OPEN TO BOTH U.S. MILITARY AND NATO I.D. CARD HOLDERS

USO DAILY TOURS March 23 Friday Sushi Night € 38

March 24	The island of Capri with	
	Lunch	€ 50
March 25	Wine Tasting in Taurasi	.€ 50
March 30	Visit to a Local Pasta	
	Factory	€ 45
March 31	A Day at the Spa in	
	Contursi	€ 50
April 1	On the Trail of	

WEEKEND TOURS

April 13-16
Spring Break in Venice €228
April 28-29
Wine Roads of Siena €187
May 24-28

Memorial Day in Slovenja. €425

June 9-16 Moscow and St. Petersburg €1,807

Movie descriptions

No Children Under 10 Admitted to R-Rated Movies

CHRONICLE, PG-13 for intense action and violence, thematic material, some language, sexual content and teen drinking. Sci-Fi/Fantasy and Thriller, 84 min. Cast: Dane Dehaan, Michael Jordan, Michael Kelly, Ashley Hinshaw, Bo Peterson. Three high school students make an incredible discovery, leading to them developing uncanny powers beyond their understanding. As they learn to control their abilities and use them to their advantage, their lives start to spin out of control, and their darker sides begin to

THE HUNGER GAMES, PG-13 for intense thematic violent material and disturbing images involving teens. Action/Adventure and Sci-Fi/Fantasy, 142 min. Cast: Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth, Elizabeth Banks. Every year in the ruins of what was once North America, the nation of Panem forces each of its twelve districts to send a teenage boy and girl to compete in the Hunger Games. Part twisted entertainment, part government intimidation tactic, the Hunger Games are a nationally televised event in which "Tributes" must fight with one another until one survivor remains. Pitted against highly-trained Tributes who have prepared for these games their entire lives, Katniss is forced to rely upon her sharp instincts as well as the mentorship of drunken former victor Haymitch Abernathy. If she's ever to return home to District 12, Katniss must make impossible choices in the arena that weigh survival against humanity and life against love.

THE GREY, R for violence/disturbing content including bloody images, and for pervasive language. Action/Adventure and Thriller, 117 min. Cast: Liam Neeson, Dallas Roberts, James Dale, Dermot Mulroney, Frank Grillo. A group of oil-rig roughnecks are left stranded on the sub-arctic tundra after their plane experiences a complete mechanical failure and crashes into the remote Alaskan wilderness. The survivors, battling mortal injuries, biting cold and ravenous hunger, are relentlessly hunted and pursued by a vicious pack of rogue wolves.

DR. SEUSS' THE LORAX, PG for mild brief language. Cast Voices: Danny DaVito, Ed Helms, Zac Efron, Taylor Swift, Betty White. Animated, Family and Action/Adventure, 96 min. A boy searches for the one thing that will enable him to win the affection of the girl of his dreams. To find it he must discover the story of the Lorax, the grumpy yet charming creature who fights to protect his world.

ONE FOR THE MONEY, PG-13 for violence, sexual references and language, some drug material and partial nudity. Action/Adventure, Comedy and Crime. 91 min. Cast: Katherine Heigl, Jason O'Mara, Daniel Sunjata, John Leguizamo, Sherri Shepherd. A proud, born-and-bred Jersey girl, Stephanie Plum's got plenty of attitude, even if she's been out of work for the last six months and just lost her car to a debt collector. Desperate for some fast cash, Stephanie turns to her last resort: convincing her sleazy cousin to give her a job at his bail bonding company as a recovery

agent. True, she doesn't even own a pair of handcuffs and her weapon of choice is pepper spray, but that doesn't stop Stephanie from taking on Vinny's biggest bail-jumper: former vice cop and murder suspect Joe Morelli — the same sexy, irresistible Joe Morelli who seduced and dumped her back in high school. Nabbing Morelli would be a satisfying payback and a hefty payday — but as Stephanie learns the ins and outs of becoming a recovery agent from Ranger, a hunky colleague who is the best in the business, she also realizes the case against Morelli isn't airtight.

ACT OF VALOR, R for strong violence (including torture) and for language. Action/Adventure and Drama, 101 min. Cast: Alex Veadov, Roselyn Sanchez, Nestor Serrano. When the rescue of a kidnapped CIA operative leads to the discovery of a deadly terrorist plot against the U.S., a team of Navy SEALs is dispatched on a worldwide manhunt. As the valiant men of Bandito Platoon race to stop a coordinated attack that could kill and wound thousands of American civilians, they must balance their commitment to country, team and their families back home.

BIG MIRACLE, PG for language. Drama and Family, 107 min. Cast: Drew Barrymore, John Krasinski, Dermot Mulroney, Kristen Bell, Tim Nelson. Based on the true story of a small town news reporter and a Greenpeace volunteer who are joined by rival world superpowers to save a family of gray whales. Local newsman Adam Carlson can't wait to escape the northern tip of Alaska for a bigger market. But just when the story of his career breaks, the world comes chasing it, too. With an oil tycoon, heads of state and hungry journalists descending upon the frigid outpost, the one who worries Adam the most is Rachel Kramer. Not only is she an outspoken environmentalist, she's also his ex-girlfriend. With time running out, Rachel and Adam must rally an unlikely coalition of Inuit natives, oil companies and Russian and American military to set aside their differences and free the whales.

WOMAN IN BLACK, PG-13 for thematic material and violent/disturbing images. Horror, Thriller and Sci-Fi/Fantasy, 96 min. Cast: Daniel Radcliffe, Ciaran Hinds, Janet McTeer, Misha Handley. Arthur Kipps is a widowed lawyer whose grief has endangered his career. When he is sent to a remote village to sort out the affairs of a recently deceased eccentric, it soon becomes clear that everyone in the town is keeping a terrible secret. Although the locals try to hide the town's tragic history from Kipps, he soon learns that his client's house is haunted by the ghost of a woman who is looking for someone and something she had lost; and until she finds it, no one is safe from her vengeance.

JOYFUL NOISE, PG 13 for some language including a sexual reference. Musical/Performing Arts, Drama and Comedy, 118 min. Cast: Queen Latifah, Dolly Parton, Keke Palmer, Dexter Darden, Courtney B. Vance, Two women, one a mother of two teenagers, the other a widow of the recently deceased choir director, join forces to save their small-town gospel choir.

If you have been sexually assaulted or need to speak with a S.A.P.R. victim advocate, call 335-640-6621 24/7 for information and support.

USO Naples group celebrates St. Patrick's Day in Ireland



Members of the Naval Support Activity Naples community traveled to Ireland with the USO Naples from March 15 to 19 to enjoy the annual St. Patrick's Day festivities. This fun and outgoing group of 30 individuals spent four days on the Emerald Isle, joining millions of tourists that like them to celebrate the Irish with parades, good cheer, and perhaps a pint of beer! The group also took advantage of a professional guided tour of Dublin, visited the Jameson Whiskey Distillery, and toured the world famous Guinness Storehouse. By the end of the trip, everyone had made new friends and lifelong memories. (Photo by Lisa Roberts)

Energy conservation

Conserve while you shower to 25 percent of this water. But how does this

By UT2 Kyle Ciopryna

Have you every wondered how many liters of potable water you use during an average five- to eight-minute shower?

While you lather, rinse, and repeat you will use about 100 liters (approximately 22 gallons) of water. Simply shutting the water off while

soaping up can save close to 25 percent of this water. But how does this affect us, you might ask? An adult male drinks two liters of water daily. Reducing the time you

run water in the shower will provide drinking water for 10 people daily. According to the World Health Organization, 780 million people lacked potable drinking water in 2010 — they sure would appreciate it!



Time to replace smoke detector batteries

From NSA Naples Fire and Emergency Services

Navy Region Europe, Africa, Southwest Asia's fire and emergency service providers would like to remind you to change your smoke detector batteries.

Daylight Savings Time is here, and it's once again time to get ready and replace those old batteries in your smoke detectors. It is also a good time to practice your home escape fire drill. Please contact your local installation Fire Prevention office at 081-568-6626 or 081-568-6627 for further information.



Spend Memorial Day weekend in Slovenia with the USO

By Luisa Mazzella, USO Naples operations manager

Slovenia is probably one of the best-kept secrets in Europe. Just half the size of Switzerland, this country offers a truly authentic travel experience. From beaches, snow-capped mountains, hills awash in grapevines and wide plains blanketed in sunflowers, to gothic churches, baroque palaces, historic castles and art nouveau civic buildings, Slovenia offers more diversity than countries many times its size.

Its incredible mixture of climates brings warm Mediterranean breezes up to the foothills of the Alps, where it can even snow in summer. With more than half of its total area covered in forest, Slovenia truly is one of the greenest countries in the world — and in recent years it has also become Europe's playground.

Among Slovenia's well hidden treasures one can't miss the charming capital Ljubljana or the breathtaking Portorož, known for its astounding sceneries and luxurious resorts. Also not be missed are also the Postojnska caves, the largest networks of caves in the world, with 23 kilometers of underground passageways; and of course, the ancient Predjama Castle, constructed in the 13th century and incredibly well preserved, giving his visitors the opportunity to see how people once lived and worked in the castle.

All of these sights and many more will be included in the USO's tour to Slovenia for Memorial Day between May 24 and May 28. Our expert guides will take us on an incredible journey through this country, and will give us the opportunity to discover of all of the flavors that this unique location has to offer.

Our complete package includes everything one could wish for, from transportation to lodging at a four-star resort in the enchanted Portorož, where one can rejuvenate the senses and relax in the heated pools. Additionally, there will be excursions and plenty of leisure time for shopping and visiting the local casinos to taste their delicious specialties. For more information on this and other USO getaways and events, log on to www.uso.it or call 081-568-5713 or 081-811-4903.

Kids Corner

The Living Museum at Naples Elementary School

Written by students of Naples Elementry School



Colin Kuchta,

And grade
Have you been
to a Living
Museum where
statues come
alive at the push
of a button? On
Feb. 23 and 24
that is what the
second graders

of Naples Elementary did! First we had to learn about a famous person who made a difference in the world and learn cool facts. Then we made a timeline, and we wrote a biopoem. Next we created our posters and practiced our speeches. Finally, we put our costumes together and we were ready to go!

Delaney Brenner, 2nd Grade Naples Elementary

School

Cool! There's
Jane Goodall and
Chuck Yeager! Do
you know how they
made a difference
in our world?
Something very
exciting happened



at Naples Elementary School on Feb. 23 and Feb. 24 — The second graders put on a living museum. What is a living museum you may ask? Well I'll tell you. A living museum is a small museum where you dress up as a famous person. It took us a month to get ready. We had to first learn about our famous person. Then from our research we wrote timelines, bio poems, acrostic poems, Q and As, posters, speeches and made our costumes. We became experts on our person. Then we were finally ready. We became statues until someone came and pressed our button, then we came alive. So if you want some fun come on down and visit our living museum!



Ashlyn Nally, 2nd Grade

Come on down for the Second Grade Living Museum. A Living Museum is about people from the past who made a difference in the world. If you press my button, I'll tell you

all about that person. It starts February 23 and 24 from 8:30 to 10 a.m. and we do it again from 11:30 a.m. to 12:30 p.m. Also it is at Naples Elementary School, called Home of the Dolphins. All the second graders are doing the living museum! I am Ruby Bridges. Ruby Bridges made a difference in the world by not giving up and being brave!

Emma Murray, 2nd grade

Who is Rachel Carson? Who is Alexander the Great? Who is Patty Burg? If you want to find out go to the Living Musum at Naples Elementary



School. The dates were Feb. 23 and Feb. 24 from 8:30 to 10 a.m. and 9 to 10 a.m. A Living Museum is a place where the second graders researched a person who made a difference in the world. From the research they made a poster filled with facts. On my poster there was one acrostic poem, one bio poem and seven pictures. For example I was Rachel Carson. I made a poster and everything. Then I made a push button and when people pushed my button I came alive and said a speech. A total of 420 people came to me! I'm now very proud of myself for what I have done.



Grace Vagades, 2nd grade

Hi, my name is Grace I'm going to tell you about our Living Museum at our school, Naples Elementary School. The Living Museum

was on two days, Feb. 23 and Feb. 24. The Living Musem is a museum of famous people from the past and present who have made a difference in the world. I was Nadia Comaneci. The second grade statues came alive when you pressed their button. All the second graders had to do it. We had to do timelines, Q and As, bio-poems, posters and costumes. This is how Nadia Comaneci made a difference: she inspired other people to do gymnastics. We had a lot of fun!

Lauren Snodgrass, 2nd grade

What is a Living Museum? A Living Museum is a museum that comes alive. The second grade was doing all of the researching and creating posters. It was on Feb. 23 and 24.

The times were 8:30 to 10 a.m. on

Feb. 23 and on Feb. 24 the times were 9 to 10 a.m. and again at 11:30 a.m. It was at Naples Elementary School. Your person that you would have picked had to be someone that made a difference in the world. We had to research and become an expert on our person. Then we had to write a speech and create a costume. When you are in second grade, you will do this too! Come next year and you'll see.



Gabriel Lebron, 2nd Grade

Oh my goodness! That was awesome! I can't believe my eyes! We did a living museum! Do you know what a living museum is?

It is when the second graders of Naples Elementary School turned our hallways into a museum filled with famous people who made a difference in the world. We were as still as statues until someone pressed our buttons, and then we came alive. Then you had to explain yourself and how you made a difference in the world. It was a lot of hard work. There were a lot of people who came to see us, believe me!

Ferdinando Johnston, 2nd grade

I was Leonardo da Vinci for the living museum at Naples Elementary School in Ms. Camilleri's sec-



ond grade class. I learned a lot about one of the greatest Italian Renaissance artists in history. Mr. Da Vinci was an artist, engineer, inventor, genius and so much more. He produced many important works of art like the Mona Lisa and The Last Supper, and many other inventions and architectural marvels. There are examples of Mr. Da Vinci's mastery in many buildings and inventions we see and use today. His work "The Vitruvian Man" is engraved on the back of the Italian 1 euro coin. When I grow up, I want to contribute to the world like Mr. Da Vinci.

Mobili / Furniture

Practice your vocabulary. Find the Italian words.														
ΙU	Α	L	L	Т	Р	0	D	С	L	Z	U	G	Z	
Р	L	Р	R	Α	L	Ν	Α	- 1	D	Ε	S	Α	U	K
0	Ε	Α	V	M	- 1	S	- 1	V	Α	W	G	С	W	В
R	Т	0	F	L	Α	F	Q	Α	Ν	D	M	В	W	Κ
Х	L	Т	0	F	В	D	G	Ν	0	U	Χ	M	Т	R
0	Α	V	Ε	Ε	Α	Т	- 1	0	U	R	- 1	В	U	D
В	Α	W	M	L	W	С	S	О	Ε	W	D	F	Χ	Ν
Т	S	Н	J	K	R	Χ	S	J	Ν	В	S	Υ	В	Χ
Z	В	J	J	L	G	Υ	J	Q	0	Н	M	С	- 1	R
Α	- 1	Ν	Α	V	- 1	R	С	S	R	Ε	Χ	W	M	Ν
L	M	D	Н	G	Z	J	Z	J	Т	M	R	Χ	Н	Т
V	0	F	0	Т	Z	Ν	Ε	0	L	R	- 1	L	Υ	L
С	0	M	0	D	- 1	Ν	О	Q	0	U	Ρ	Χ	J	Q
F	Т	Χ	С	0	Ρ	W	W	R	Ρ	Ε	V	- 1	Ν	G
U	Χ	V	О	L	S	F	D	Υ	Р	- 1	Q	Z	С	R

ARMADIO / Wardrobe COMODINO/ Nightstand DIVANO / Sofa LETTO / Bed POLTRONE / Armchair SCAFFALI / Shelves SCRIVANIA/ Desk SEDIA / Chair TAVOLINO / Coffee table TAVOLO / Table

Petersburg
SAN PIETROBURGO / St.
SAN PIETROBURGO / St.
PECHINO / Beijing
MOSCA / Moscow
LISBONA / Lisbon
DUBLINO / Dublin
Capetown
Capetown
Cittr Petersburg
Capetown

BERLINO / Berlin

Le citta' del mondo / Cities of the world

Obtaining your Sojourner Permit

Italian law requires all foreign personnel working or living within Italy, other than an active-duty member under military orders, to obtain a Sojourner Permit within eight days of arrival in Italy. This is different from a visa, which is merely an approval for entry into the country.

All applicants over 14 years of age must apply in person, as each person's signature is required at the time of application.

NATIONALS OF ANY STATE OF THE EUROPEAN COMMU-

NATIONALS OF ANY STATE OF THE EUROPEAN COMMUNITY COMING TO ITALY DO NOT REQUIRE ANY VISA OR SOJOURNER PERMIT.

As part of the Area Orientation process, the U.S. Region Legal Service Office (RLSO EURAFSWA) assists in the preparation and oversees the acquisition of the Sojourner Permit for all personnel attached to U.S. Navy commands in the Naples area. Army and Air Force personnel stationed at JFC must apply through the Carabiniere at the JFC Provost Marshall's Office, Building L.

Contact Connie Henderson, RLSO EURAFSWA liaison advisor, at 081-568-4639 for more information.

Italian treats for Easter

By Melissa Kabukuru, Panorama editor

Every season and holiday in Italy brings with it different culinary traditions, and Easter is no different.

Called *Pasqua* in Italian, Easter is a time when many Italians feast on lamb, and Naples families make dishes like *minestra maritata*, a soup of vegetables and pork.

In the days leading up to the Easter holiday on April 8, you're also bound to see sweet Easter treats lining the shelves of your local coffee bar or *pasticceria*. Here are a few you can indulge in if you want to celebrate Easter like an Italian.



LE UOVA DI PASQUA (Easter eggs)

Colorfully wrapped chocolate eggs as big as a person's head are common sights in Italian store-fronts these days. The eggs are generally made of milk or dark chocolate and are hollow on the inside. Each egg contains a surprise that can be accessed by breaking the egg open.

Supermarkets sell generic versions of chocolate eggs that contain prepackaged surprises such as small toys or jewelry. It is also possible to go to a artisan chocolate shop or pastry shop and order an egg to be specially made with a customized surprise inside.

Either way, the broken shards of the chocolate eggs make for a delicious Easter treat.

COLOMBA

This sweet yeast cake is so-named because it is baked in the shape of a dove, or *colomba* in Italian. It is similar to the *panettone* and *pandoro* served at Christmas time in Italy, but is distinguished by its distinctive dove shape and its coating, which usually consists of candied sugar and almonds. *Colomba* usually contains candied fruit, but omits the raisins that are typically found in *panettone*.



PASTIERA

Pastiera is an Easter tradition in the Campania region. It is essentially a pie filled with a soft mixture of cooked grain, ricotta cheese and candied citrus. If you go to buy one, you'll receive not only the pastry, but also the round pan it is baked in, as it is deemed to delicate to be removed. Look for the decorative crisscross pattern on top to identify it.

Music director from San Francisco Opera House to hold same title at Naples' San Carlo Theater

By Lou Freed

The San Carlo Theater recently announced the appointment of Maestro Nicola Luisotti as Music Director, the same job he now holds at the San Francisco Opera House through the 2015-16 season. Luisotti succeeds the San Carlo Theater's former Principal Conductor Maurizio Benini and Music Director Jeffrey Tate. Besides his current posts, Luisotti is also the Principal Guest Conductor of the Tokyo Symphony.

Luisotti has expressed "joy" over the "prestigious appointment" and for the opportunity to spend more time in Italy. It is said he plans to equally divide his time between the two cities, in hopes of helping to "create a cultural bridge" in terms of work he coproduces.

Born in 1961 in Viareggio, Luisotti's impressive credentials

include directing a church choir at age 11 and working with the legendary Riccardo Muti. Muti was the former music director at Milan's prestigious La Scala opera house, and currently is music director for the Chicago Symphony Orchestra.

Maestro Luisotti's debut at the Stuttgart Opera House launched his career and he has since performed to rave reviews at major Italian and international opera houses and symphony halls, including those in Bologna, Genoa, Milan, Rome Venice, Berlin, London, Madrid, Paris, Stuttgart, Vienna, Los Angeles, New York and Seattle. He also directed special concerts at the Peking Olympics in 2008.

In Naples, Luisotti directs Verdi's opera, "I Masnadieri" ("The Robbers") at the San Carlo Theater through March 31. Furthermore, he conducts a concert with the San



Maestro Nicola Luisotti. (Photo courtesy of the San Carlo Theater)

Carlo Orchestra and Chorus on March 23, 24 and April 1. For more info, visit http://www. teatrosancarlo it.

Jobs

HUMAN RESOURCES OFFICE (HRO)

ANNOUNCEMENT: Due to training, the CNREURAFSWA HRO Labor/Employee Relations & Benefits Division will be providing limited services from 8 a.m. to 4 p.m. Friday, Feb. 3. In the event of an emergency, please call the HRO front desk at 081-568-5409 for assistance.

NEW LINK: http://cnic.navy.mil/ Europe/About/Jobs/index.htm.

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are: Monday through Friday, from 8 a.m. to 3:30 p.m.

Applications are accepted at the Security Pass and ID Office at Capodichino, OR at the HRO, located in Admin 1, Capodichino, OR by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, OR at Fleet and Family Service Center (FFSC) located on the TLA first floor, at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement.

PLEASE NOTE: On Monday, Wednesday and Fridays, the following HRO services will be open only from 9 a.m. to 11 a.m. and from 1 p.m. to 3 p.m.:

• ID/CAC CARDS (DD1172-2)

- Requests for an Official Passport
- Logistical Support Letters
- Work Certificates

U.S. POSITIONS

For a current list of U.S. vacancies and application process information visit our website at: http://cnic.navy.mil/Europe/About/Jobs/index.htm

CLOSING MARCH 29

Emergency Management and Dispatch Manager, GS-0301-11, ANN#EUR12-282520-AG, Full Time Permanent

Supv Financial Management Analyst, GS-0501-12 KPP 13 or GS-0501-13, ANN#EUR12-297384-EG

Secretary (O/A), GS-0318-07, ANN# EUR12-270482-JC-R1, Full Time Permanent

CLOSING APRIL 5

Environmental Protection Specialist, GS-0028-11, ANN#EUR12-291873-AV, Full Time Permanent.

Installation Training Officer,

GS-0301-12, ANN#EUR12-287164-AG, Full Time Permanent **Public Affairs Officer,** GS-1035-

Public Affairs Officer, GS-1035-11 KPP 12 or GS-1035-12, ANN# EUR12-297386-AV, Full Time Permanent.

Clinical Nurse, GS-0610-09 ANN#EUR12-290782-AG, Ful Time Temporary.

Lead Educational Technician, GS-1702-05, ANN#EUR12-269393-AG, Full Time Permanent

Communication Material Specialist, GS-0301-11, ANN#EUR12-301512-JC, Full Time Permanent Cost Price Analyst Contract Specialist, GS-1102-12, ANN#EUR12-299535-JC, Full Time

OPEN CONTINUOUS ANNOUNCEMENT

Educational Aid (CDC/CYP), GS-1702-02 KPP 03 KPP 04, ANN#EUR12-223833-AG, (Multiple Positions), Full Time Permanent, Next Cut Off-Date: March 29, 2012

COURTESY U.S. VACANCY ANNOUCEMENTS

Percussion instructor(s) needed for marching band percussion line. Experience in marching a plus. If interested contact Gary Marvel, director of Naples High School's bands, at 340-681-3432 or gary.marvel@eu.dodea.edu.

Field Academic Advisor sought at the University of Maryland University College Capodichino office. A bachelor's degree is required and a master's degree is preferred. Travel to other UMUC sites is required. Internal and local applicants only. Contact the local UMUC office for a copy of the job announcement at 081-568-6673/6674/6675 or visit the website

www.ed.umuc.edu and look under "Employment."

Field Representative needed at the University of Maryland University College office at Capodichino. Progress towards an associate's degree is required with a minimum of 30 semester hours undergraduate work preferred. Internal and local applicants only. Contact the local UMUC office for a copy of the job announcement at 081-568-6673/6674/6675 or visit the website www.ed.umuc.edu and look under "Employment."

Celtic Technologies, Inc.., seeks a Facility Management Database Specialist (Database Sustainment Specialist) at U.S. Naval Hospital, Naples. To apply for the position email your résumé to Danielle Romanoff at dromanoff@celtictechnologies.com.

Veterinary technicians are wanted at the Naples Veterinary Treatment Facility. For more information, stop by Bldg. 2088 next to the Fire Station at the Support Site, or call 081-811-7913.

CANCELLED

Supv Financial Management Analyst, GS-0501-12 KPP 13 or GS-0501-13, ANN#EUR12-262144-EG Transportation Assistant (O/A), GS-2102-05 KPP 06 or GS-2102-06, ANN#EUR12-257519-AG

Management & Program Analyst, GS-0343-13, ANN#EUR12-279520-EG, Full Time Permanent Public Affairs Specialist, GS-1035-12, ANN#EUR12-291745-EG, Full Time Permanent

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information visit our NEW website at: http://cnic.navy.mil/Europe/About /Jobs/index.htm

 $CLOSING\ MARCH\ 23$

Secretary (**O/A**), Ua-0318-04, ANN#66096-288289-AG, Full Time Temporary

Financial Technician, Ua-0503-05, ANN#43496-291746-AG, Full Time Temporary

If you have any questions, contact the front desk at 081-568-5409. You can also contact the HRO Naples helpdesk at: http://cnic.navy.mil/ Europe/About/Jobs/AboutWorking Here/index.htm. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input, whether negative or positive so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO Representative is available for the bi-weekly "Meet & Greet" at the NSA, Support Site Base, Navy Exchange Food Court area from 8 a.m to 9 a.m. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for, or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to the HRO office and you will be provided an answer or a call back the same day. The next "Meet & Greet" is March 26, 2012.

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at: https://www.cnic. navy.mil/Naples/FleetAndFamily Readiness/AboutFleetAndFamily Readiness/Jobs/index.htm

The necessary application forms are also available on line. For any questions you have you may reach us at 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Child Program Assistant, CY-1702-I/II, ANN#11-024, (Multiple Positions) flexible, Child Development Centers, School Age Care, Capodichino/Support Site. performs routine, day-to-day care of infants and children ranging from 6 weeks to 5 yrs old.

Youth Program Assistant, CY-1702-I/II, ANN#10-069, (Multiple

Positions) flexible/regular, Youth Programs, Support Site/Carney Park. Assembles or gathers materials and equipment necessary to execute School Age Care for children ranging from 6 years old to 9 years old, School-Age Care Pre-Teen for children ranging from 10 years old to 12 years old, and Teen Center Program for children ranging from 13 years old to 18 years old. Receives and releases children to/from authorized parents or guardian.

Recreation Aid, NF-0189-01, ANN#10-022, flexible, NOR Center, Carney Park. Provides and maintain recreation and athletic equipment issue.

Recreation Aid, NF-0189-01 ANN#10-064, flexible part time, Bowling Center, Support Site. Provides oversight of activities and necessary services to authorized patrons.

Recreation Aid, NF-0189-01, ANN#12-002, flexible, Auto/Skills Center, Support Site. Provides information concerning facility, operation and regulations. Ensures adherence to regulations and safety procedures.

Recreation Aid, NF-0189-01, ANN#10-119, flexible, Golf Course, Carney Park. Collects green fees (monthly and daily), locker fees and fees for electric cart rentals. Employee will act as starter when needed on weekdays and assist when needed as cashier.

Recreation Aid, NF-0189-01, ANN#12-058, (Multiple Positions) flexible full time (seasonal employment), Aquatics Division, Carney Park/Support Site. Provides oversight of activities and necessary services to authorized patrons. 1st cut off date: 03/23/2012 and subsequent cut-off every 14 days. Open until filled

Food Service Worker, NA-7408-04, ANN#11-136, Flexible, Bowling Center, Support Site. Performs a variety of tasks such as grilling or frying pancakes, hamburgers, hot dogs, bacon, eggs, sausage, by watching while the items are cooking, turning as required; regulating temperature and removing when done.

CYP Food Service Worker, NA-7408-04, ANN#12-028, Regular, Child Development Centers, Capodichino. Performs various tasks or sequence of tasks in food service and preparation. Includes tasks such as peeling potatoes, cutting, sorting and washing vegetables and fruit, assembling sandwiches and measuring and weighing ingredients.

Lifeguard, NF-0189-01, ANN#12-062 (Multiple positions) flexible full time (seasonal employment), Aquatics Division, Carney Park/ Support Site. Works as instructor, safeguards and supervises swimmers and bathers in pool area. . 1st cut off date: 03/23/2012 and subsequent cut-off every 14 days. Open until filled.

CNREURAFSWA NRBO NAF U.S. POSITION

Supervisory Contract Specialist, NF-1102-04, ANN#12-032,

Regular full-time, NRBO, Capodichino, Naples. Responsible for the full range of contracting and procurement functions. The functions include development, preparation and issuance of solicitations, receipt of proposals and conducting negotiations, determining the most advantageous proposals, and recommending/awarding of contracts within prescribed monetary limitations. Open until filled.

NAF LOCAL NATIONAL POSITION

Lead Lifeguard, Ua-0189-06, ANN#12-071, Temporary part time (seasonal employment), Aquatics Division, Carney Park/ Support Site. 1st cut off date: 03/23/2012 and subsequent cut-off every 14 days. Open until filled.

Lifeguard, Ua-0189-07, ANN#12-072 (Multiple Positions), Temporary part time (seasonal employment), Aquatics Division, Carney Park/Support Site. 1st cut off date: 03/23/2012 and subsequent cut-off every 14 days. Open until filled.

Recreation Aid, Ua-0189-07, ANN #12-085, (Multiple Positions) Remporary part-time (seasonal employment), Aquatics Division, Carney Park and Support Site. 1st cut off date: 04/02/2012 and subsequent cut-off every 14 days. Open until filled.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B Call 081-813-5252/5253/5254 Monday through Friday 8 a.m. to 3:30 p.m.

NEX Job opportunities are now posted on the Web at http://www.navy-nex.com
Submit completed applications to NEX Human Resources Office located above the Main Exchange. If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE Ann#011-12 Specialty Sales Clerk/ CL/NF-01/RFT. Closes: 03/30/12. Pay Rate: \$8.00-11.00. Responsible for consultations and the selling of general nutrition products exercising professional selling techniques.

Ann#006-12 Lead Sales Clerk/ B5/NF-01/RFT. Closes 03/30/12. Pay Rate: \$8.00-\$11.00. Responsible for leading a minimum of three (3) associates engaged in selling, reordering, stocking, and displaying of electronic items. Ann#005-12 Sales Clerk/E8A/NF-01/RFT. Closes: 03/30/12. Pay Rate: \$8.00-\$10.00. Responsible for selling ladies apparel and accessories to customers exercising professional selling

Ann#005-12 Sales Clerk/D2/NF-01/RFT.Closes: 03/23/12. Pay Rate: \$8.00-\$10.00. Responsible for selling jewelry to customers exercising professional selling techniques.

Ann#004-12 Cashier Checker/ CC/NF-01/Flex. Open until filled. Pay Rate: \$8.00-\$10.00. Operates cash registers to record sales in retail check out areas.

DIST. CTR GRICIGNANONo Vacancies

GRICIGNANO MINI MART

No Vacancies

CAPODICHINO NEX MART Ann#009-12 Sales Clerk/MM/NF-01/Flex. Closes 03/30/12. Pay Rate: \$8.00-\$10.00. Responsible for selling general merchandise to customers exercising professional selling techniques.

JFC-NATO MINI MART No Vacancies

POSITIONS

No Vacancies